



What to Bring to Treatment

General Items | All clients must bring Photo ID, Insurance Cards, any co-pays due upon admission, and a 30 day supply of all medications in their original prescription bottles. Tobacco users may bring cigarettes or chewing tobacco in "SEALED, UNOPENED packs or containers."

Toiletries | All clients will need to bring the following items: shampoo, soap/bodywash, deodorant, toothbrush, toothpaste, comb, hairbrush, shaving cream, and safety razors. ***NO ITEMS MAY CONTAIN ANY ALCOHOL***

Jewelry | We recommend that all patients leave any valuable items, including jewelry, at home whenever possible. If you do choose to bring jewelry with you, please limit it to one (1) ring, one (1) necklace, one (1) watch, and one (1) pair of earrings (WOMEN ONLY).

Clothes For Men

The following guidelines are for incoming male patients:

- Pack a 7 day supply of casual attire including slacks, jeans, shirts, socks, underwear, pajamas, jacket/coat, and at least one pair of comfortable shoes.
- Shirts can be t-shirts, polo shirts, golf shirts, collared shirts, long-sleeves, sweatshirts and hoodies.
- **NO** Tie-Dyes; **NO** references or imagery related to bikers, bands, gangs, drugs and/or alcohol use, and/or negative messaging
- **NO** tank tops, sleeve-less shirts, or cut-offs
- Pants can be jeans, slacks, khakis, sweatpants, and shorts
- **NO** pants or shorts with holes cut into them are permitted
- Shorts are permitted Seasonally Only (Memorial Day through Labor Day)
- **NO** excessively tight or revealing attire will be permitted
- **NO** Earrings, cologne, baseball hats, or any body/ facial piercings.

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Clothes For Women

The following guidelines are for incoming female patients:

- Pack a 7 day supply of casual attire including slacks, jeans, shirts, socks, underwear, pajamas, jacket/coat, and at least one pair of comfortable shoes.
- Shirts can be t-shirts, longsleeves, sweatshirts, collared shirts, polo shirts, and hoodies.
- **NO** Tie-Dyes; **NO** references or imagery related to bikers, bands, gangs, drugs and/or alcohol use, and/or negative messaging.
- **NO** tube tops, tank tops, halter tops, sleeve-less shirts, cut-offs, or low cut shirts.
- Shirts **MUST** cover the navel area
- Pants can be jeans, slacks, khakis, sweatpants, and shorts
- **NO** pants or shorts with holes cut into them are permitted
- Shorts are permitted Seasonally Only (Memorial Day through Labor Day)
- Shorts must be knee length (No "Short Shorts" permitted)
- Dresses and skirts are permitted
- Must be at least knee length (No mini-skirts permitted)
- **No** slits, cuts, or holes are permitted
- Dresses may not be backless and must have appropriate necklines

Cosmetics are LIMITED to:

- One (1) cream or press powder concealer
- One (1) blush
- One (1) lipstick
- **NO** eye makeup is permitted
- **NO** perfume, body/facial piercings, stretch pants, yoga pants, leggings, spandex and tight fitting, and/or revealing clothing.